

MENU - BEATTY SENIOR CENTER

150 A Avenue S - Beatty, NV 89003

775-553-2954

Congregate LUNCH Served: MON - FRI 11:30 AM

Bingo - Thursdays 5:30 PM @ Beatty Senior Center

ADSD APPROVED

DECEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dec 03 Pizza Mixed Fruit Green Beans Salad Bar w/Chickpeas Cookie	#156 Diabetic Dec 04 BBQ Chicken Roasted Veggies Broccoli Salad Cracked Wheat Bread Strawberries	Dec 05 Swedish Meatballs Egg Noodles Steamed Broccoli Peaches WW Roll	#37 Dec 06 Chili Cheese Baked Potato Steamed Carrots WW Banana Muffin FF Blueberry Yogurt Orange Banana Juice	Dec 07 Lemon Baked Fish Mixed Vegetables Rice Pilaf Orange Spinach Salad Pears
#151 Dec 10 Apple Topped Pork Chops Baked Sweet Potato Lettuce & Tomato Salad LFLS French Dressing Cracked Wheat Bread Mandarin Oranges	Dec 11 Chicken Alfredo w/Broccoli Garlic Bread Mixed Fruit Lentil Soup	#3 Dec 12 Baked Meat Loaf Mashed Potatoes Steamed Spinach WW Bread Chantilly Fruit Cup	Dec 13 Turkey Chili Cornbread Mixed Green Salad Peaches Pudding	Dec 14 GRAND RE-OPENING CHRISTMAS DINNER Baked Ham Twice Baked Potato Casserole Oven Roasted Veggies Pears Salad Bar WW Roll Cake & Pies
#78 Dec 17 Herb Baked Chicken Aztec Grain Salad Steamed Spinach Cooked Carrots Mixed Berry Cup	Dec 18 Beef Fajitas Spanish Rice Black Beans Pears Tres Leches Cake	Dec 19 Lasagna Streamed Broccoli Mixed Fruit Garlic Toast Colorful Salad	#23 Dec 20 Beef Stir Fry Steamed Brown Rice Mandarin Oranges Beet Salad WW Roll	Dec 21 Pulled Pork Sandwich on WW Bun Coleslaw Three Bean Salad Peaches Cookie
#39 Dec 24 Spaghetti w/Meat Sauce Baked Squash Colorful Salad Garlic Toast Strawberry Banana Yogurt	Dec 25 **CLOSED** CHRISTMAS DAY	Dec 26 Beef Stew w/Potatoes, Carrots and Green Beans Colorful Salad Pears Biscuit	Dec 27 Pork Roast Mashed Potatoes w/Gravy Green Beans Peaches Applesauce WW Roll	#55 Dec 28 Beef Tacos Ranch Style Beans Mexicorn Tropical Fruit Cup
#14 Dec 31 Beef Pattie on WW Roll Baked Beans Sliced Tomato/Lettuce Leaf FFMayo/LS Ketchup Sliced Red Onion Cantaloupe Chunks Mixed Steamed Vegetables		A \$3.00 Donation for Seniors Over 60 Years of Age is Suggested A \$6.00 Fee is Required for Non-Seniors See Site Manager for More Info		MENU SUBJECT TO CHANGE 2% Milk, Coffee, Tea & Juice Served Daily

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