150 A Avenue S - Beatty, NV 89003

Bingo - Thursdays 5:30 PM @ Beatty Senior Center

775-553-2954 SEPTEMBER 2019

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|-------------------------------|--|-------------------------------|-----------------------------|
| Sep 02 | Sep 03 | Sep 04 | = | |
| | Turkey Chili | Chef's Salad w/Chickpeas | Shepherds Pie | Sweet Italian Sausage w/Red |
| **CLOSED** | Cornbread | Mixed Fruit | Fresh Spinach | Peppers & Onions |
| ** ** | Green Beans | Chicken Noodle Soup | LS Italian Dressing | WW Elbow Macaroni |
| LABOR DAY | Mixed Fruit | WW Roll | Bran Muffin | Steamed Broccoli |
| *** | Colorful Salad | Pudding | Banana | Mixed Green Salad |
| ************************************ | | | | Fresh Apple or Orange |
| Son 09 | *Birthday* Sep 10 | #108 Sep 11 | Sep 12 | #6 Sep 13 |
| • | | Beef Stroganoff & Noodles | Pork Chops | Baked Fish Fillet |
| | | Baked Acorn Squash | Scalloped Potatoes | Creamy Coleslaw |
| | Refried Beans | Orange Spinach Salad | Collard Greens | French Baked Potatoes |
| | Zucchini | Fresh Fruity in Season | Peaches & Applesauce | Garden Salad |
| | Pears | WW Roll | WW Roll | Strawberries |
| | Birthday Cake | ···· | WW Keii | Strawbernes |
| | , | | | |
| #123 Sep 16 | - | #3 Sep 18 | Sep 19 | Sep 20 |
| Baked Chicken Tenders | BBQ Ribs | Baked Meatloaf | Lasagna | **Breakfast** |
| French Baked Potato | Coleslaw | Mashed Potatoes | Italian Blend Vegetables | Biscuits & Gravy |
| Mixed Greens Salad | Tater Tots | Steamed Spinach | Garlic Bread | Scrambled eggs w/Sautéed |
| Carrot Rasin Salad | Peaches | WW Bread | Mixed Fruit | Veggies |
| WW Roll | Baked Beans | Chantilly Fruit Cup | Minestrone Soup | LS Bacon |
| Baked Banana | Garlic Toast | | | Mixed Fruit |
| | | | | Oatmeal Orange Juice |
| #87 Sep 23 | - | • | - | • |
| | Spaghetti & Meatballs | Turkey Pot Pie w/ Veggies | Creamed Beef on WW Toast | Potato Crunch Fish |
| , | Zucchini | Salad Bar w/ Chickpeas | Baked Potato | Rice Pilaf |
| Cucumbers in Sour Cream | Colorful Salad | Pears | Herbed Vegetable Medley | Three Bean Salad |
| WW Roll | 7 Grain Bread | WW Bread | Peaches | Fresh Fruit In Season |
| Citrus Delight | Orange Mango Cup | | | Clam Chowder |
| | | | | |
| #14 Sep 30 | | 4- 4 | A \$3.00 Donation for Seniors | |
| Beef Patty on WW Bun | | Imm M | Over 60 Years of Age is | |
| Baked Beans | MENU SUBJECT TO CHANGE | | Suggested | |
| Sliced Tomato, Lettuce & Onion | | | | |
| Mixed Steamed Veggies | 2% Milk, Coffee, & Tea Served | The state of the s | A \$6.00 Fee is Required for | |
| Cantaloupe Chunks | Daily | | Non-Seniors | |
| | | | | |

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