

**MENU - BEATTY SENIOR CENTER**

150 A Ave South - Beatty, NV 89003

775-553-2954

**Congregate LUNCH Served: MONDAY - FRIDAY 11:30 AM**

*Bingo - Thursdays 5:30 PM @ Beatty Senior Center*

**ADSD APPROVED**

**OCTOBER 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>A \$3.00 Donation for Seniors Over 60 Years of Age is Suggested</b></p> <p><b>A \$6.00 Fee is Required for Non-Seniors</b></p> <p><i>See Site Manager for More Info</i></p>	<p><b>Oct 01 #13</b></p> <p>Open Face Turkey Sandwich Gravy Oven Fries Broccoli Salad x2 Pears Cookie</p>	<p><b>Oct 02 #11</b></p> <p>Turkey Chile Mixed Green Salad Corn Bread Fresh Fruit Salad</p>	<p><b>Oct 03 #11</b></p> <p>Sweet &amp; Sour Chicken Steamed Brown Rice Peas &amp; Carrots Fresh Chopped Spinach FF Catalina Dressing</p>	<p><b>Oct 04</b></p> <p>Beef Tacos Spanish Rice Refried Beans Mexi-Corn Pears</p>
<p><b>Oct 07</b></p> <p>Meatloaf Mashed Potatoes Steamed Spinach Mixed Fruit WW Roll</p>	<p><b>Oct 08 #105</b></p> <p><b>**Birthday**</b> BBQ Pork Ribs Scalloped Potatoes Mustard Greens WW Bread Spiced Apple Sauce Birthday Cake</p>	<p><b>Oct 09</b></p> <p>Tuna Noodle Casserole Broccoli Salad Pears WW Roll Cookie</p>	<p><b>Oct 10 #6</b></p> <p>Baked Fish Fillet Creamy Coleslaw French Baked Potatoes Garden Salad Strawberries</p>	<p><b>Oct 11</b></p> <p>Turkey Salad Sandwich Cucumber Tomato Salad Fresh Orange Split Pea Soup</p>
<p><b>Oct 14</b></p> <p>Chicken Alfredo w/Fettuccini Steamed Broccoli x2 Pears Cake - Sweet Potato Cake</p>	<p><b>Oct 15 #16</b></p> <p>Beef Stew WW Noodles Garden Salad Mixed Berry Cup WW Roll</p>	<p><b>Oct 16</b></p> <p>Chef's Salad w/Chickpeas Mixed Fruit Chicken Noodle Soup WW Roll Pudding</p>	<p><b>Oct 17 #39</b></p> <p>Spaghetti &amp; Meat Sauce Zucchini Colorful Salad w/Chickpeas 7 Grain Bread Orange Mango Cup</p>	<p><b>Oct 18</b></p> <p>Grilled Ham and Cheese Sandwich Sliced Tomato Mixed Fruit Tomato Basil Soup Chocolate Chip Cookie</p>
<p><b>Oct 21 #29</b></p> <p>Shepherds Pie Fresh Spinach Bran Muffin - Blueberry Banana</p>	<p><b>Oct 22</b></p> <p>Pork Roast Mashed Potatoes w/Gravy Mixed Vegetables Pears Salad Bar w/Chick Peas WW Roll</p>	<p><b>Oct 23 #102</b></p> <p>Chicken and Dumplings Green Peas Carrot Raisin Salad WW Crackers Orange Slices</p>	<p><b>Oct 24</b></p> <p>Pulled Pork Sandwich Coleslaw Three Bean Salad Peaches Pudding</p>	<p><b>Oct 25</b></p> <p><b>Nevada Day Closed</b></p> 
<p><b>Oct 28</b></p> <p>Cheese Burger - WW Bun Tater Tots Mixed Fruit x2 Potato Salad Chocolate Chip Cookie</p>	<p><b>Oct 29</b></p> <p>Chicken &amp; Rice Casserole Steamed Broccoli Tropical Fruit Brownies WW Roll</p>	<p><b>Oct 30 #21</b></p> <p>Turkey Bean Burrito Corn Mixed Green Salad Mixed Fruit Cup</p>	<p><b>Oct 31 #46</b></p> <p>Lasagna Chopped Spinach Garlic Bread Fresh Orange</p>	<p><b>MENU SUBJECT TO CHANGE</b></p> <p><b>2% Milk, Coffee, Tea &amp; Juice Served Daily</b></p>

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